

SAFETY DECLARATION FOR ADULTS REGARDING CLIMBING PRACTICES at Vivertine Club, on Anastasie Panu Street, No. 26, Iasi

Practicing climbing in safe conditions is the most important aspect, which is the foundation of all our efforts for promoting this sport. For this reason, knowing and respecting safety rules is very important. Every practitioner has the duty to know these rules and to draw attention to others when they notice mistakes in this regard.

- Access to the climbing wall for minors who have not completed the initiation course in climbing, as well as for any child under 14 years of age, is allowed only in the presence of instructors;
- The climbing wall may be climbed without using a rope up to a height of 2m above the ground (measured from the lower extremity of the body);
- Staying on the landing crashpads (at the bouldering wall) while other people are climbing is prohibited, as a fall of the climber over someone on the crashpads can lead to serious injuries;
- For climbing the wall above a height of 2m (measured from the lower extremity of the body), practitioners are required to use a harness, dynamic rope, quickdraws put through the safety bolts mounted on the panel, and belay devices;
- **Practitioners have the obligation to secure all quickdraws** as they climb on the climbing wall;
- The rope, harness, and belay devices, as well as any other safety equipment must be UIAA certified for sport climbing and **NOT for industrial alpinism**;
- Climbing the wall is allowed only with footwear suitable for climbing on artificial structures and not with boots or street shoes;
- The belay rope will be installed on the ceiling of the wall, through a safety carabiner or 2 quickdraws, in one of the anchors specially mounted for belaying; (or by using the specially installed metal bars);
- The installation of ropes for top-rope climbing will be done only by the gym staff or under their supervision;
- For tying into the rope, the use of the figure-eight knot, double bowline, or with a safety knot, passed directly through the harness (for lead climbing) or through **2 (two)** UIAA certified safety carabiners (for top-rope) is mandatory;
- The climber and belayer are required to check each other regarding the knot and belaying method, and their belay competencies;
- The belayer must not stand more than 2m away from the base of the climbing panel, to avoid any incident; the belayer is prohibited from sitting down while belaying;
- Absolutely no playing with safety equipment, as well as any kind of jokes regarding safety maneuvers, safety equipment, and behavior during climbing training;
- **Climbing at the gym under the influence of alcoholic beverages is strictly prohibited;**
- **All climbers will be tested by the instructors regarding: tying into the rope, mutual equipment check, and, as applicable, climbing and belaying in top-rope manner, leading and belaying in lead climbing manner;**
- **Belaying other climbers in lead climbing and top-rope manners without prior examination by the gym managers is prohibited;**
- Safety is a principal consideration in climbing, but there is a "personal risk" of injury. Climbing practitioners accept the risks of practicing this activity and are responsible for their autonomous actions in which they themselves must take into account circumstances such as: the distance between clipped quickdraws, the method of securing quickdraws, the method of securing a teammate, the positioning of the body relative to the rope during an ascent, landing on the protective crashpads;
- **Violation of the above rules may lead to suspension and, as applicable, to the prohibition of climbing rights in the gym.**

Risks: falling from height; being struck by / against objects / walls / people; cuts; injuries / abrasions; rope burns

Causes:

- equipment used properly or improperly (ropes, slings, harnesses, climbing holds, anchors, parts of the climbing walls, etc.)
- the unpredictable detachment / breaking / twisting of holds from the wall
- negligence of others, including but not limited to falling climbers, dropped objects (climbing holds, carabiners, ropes, pieces of the wall, training equipment, personal items) or thrown objects
- symptoms of various pre-existing conditions, aggravated or triggered by practicing specific sports activities, such as, but not limited to: cardiac diseases and conditions, respiratory deficiencies, muscular deficiencies, deficiencies causing difficulties in movement coordination and balance, various phobias, possible allergies, etc.
- failure to follow the instructions of the Vivertine gym staff or failure to request information or assistance

Effects of these risks:

- injuries to the hands, fingers, or feet, trunk, head, including but not limited to inflammations, strains, muscle, tendon, or ligament tears, bone fractures, which may occur due to falling from height or being struck by objects / walls / people
- injuries to the limbs and spine, including but not limited to inflammations, strains, muscle, tendon, or ligament tears, bone fractures resulting from frequent or improper falls onto the mat surface or onto the ground
- injuries caused by falls from height, exposure to great heights, which may affect judgment and coordination and may have significant consequences for individuals who suffer from fear of heights
- injuries such as impacts, cuts, abrasions, but not limited to these, caused by collision / impact with objects / walls / people / equipment
- injuries caused by the use of the zip line, including but not limited to: falling from height, burns caused by contact with the equipment, collisions with objects / walls / people, injuries resulting from improper handling of the zip line seat

We note that these are only some of the possible risks, considering the nature of the activities carried out in the climbing area of the Vivertine gym, and the gym staff does not guarantee that the occurrence of other risks is not possible.

DECLARATION

I, the undersigned.....born on the date of.....
residing at.....Street.....No.....Bldg....Staircase...Floor.....
Apt Sector....., holder of ID Card / Passport Series.....No.....,

hereby declare that:

- I am aware of the safety norms and the internal operating regulations of the gym and I commit to respect them;
- I have undergone the necessary medical checks which confirm that my health condition allows me to practice this sport.

Furthermore, I commit to: adhere to the training schedule, follow the instructions of the instructors, supervisors, and space managers; maintain civilized behavior and language during activities at the climbing wall; and use the space and materials provided in a civilized manner, bearing the cost of any damage caused to the club.

In case of injury due to non-compliance with the aforementioned safety norms, Vivertine Club is exempted from any liability.

DATE.....

SIGNATURE.....

I declare that:

- I know how to belay in 'lead climbing' style
- I know how to belay in 'top-rope' style
- I do not know how to belay;

*****For those who have declared that they know how to belay, please complete the following item.**

I declare that I have the knowledge, skill, and experience to belay with:

- Devices like Reverso and ATC
- Devices like Gri Gri
- Other devices (specify)
- None of the above/I am not familiar with any belaying devices.

FULL NAME AND SIGNATURE

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CONTACT DETAILS

(filling in this field is mandatory)

Email..... Phone Number.....

- I agree to receive the newsletter of Vivertine Club and Spider Club Sports Association.
- I do not agree to receive the newsletter of Vivertine Club and Spider Club Sports Association.

Vivertine Club occasionally sends emails with informative announcements that may be of interest to the gym's subscribers about: changes in the gym's schedule, fees, events organized at the gym, while the Spider Club Sports Association sends emails occasionally about: events organized at the Spider Club Sports Facility, camps organized at the rock, etc. If you no longer wish to receive our notifications, you can access the unsubscribe procedure at any time.

IMAGE CONSENT

I, the undersigned, hereby give my consent for the Spider Club Sports Association to use photographs and videos in which I appear as a climber or participant in activities conducted at Vivertine, for the promotion and popularization of events or of Vivertine Club and Spider Club Sports Association, on social networks (Facebook, Instagram), in posters or dedicated photo albums, or on the websites <https://spiderclubiasi.wixstudio.com/climber> and www.vivertine.ro.

FULL NAME AND SIGNATURE

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GDPR PERSONAL DATA PRIVACY POLICY

Vivertine collects your personal data for the purpose of providing services (participation in courses and other sports activities organized by Vivertine Club and Spider Club Sports Association, renewal and management of subscriptions, contract management, announcements regarding the operating schedule of the gym), for compliance with legal obligations and for marketing purposes, for information and for improving the quality of services and products offered, and to provide evidence of having been informed about the legal norms regarding the safety of the mentioned activities.

In accordance with Regulation 2016/679/EU, you have the right to information, access, rectification or deletion (the right to be forgotten), restriction, portability, withdrawal of consent at any time, and the right not to be subject to a decision based solely on automated processing, including profiling.

You can make the above requests regarding your rights by contacting Vivertine Club.

Personal data processed by Vivertine Club: name, first name, information regarding date of birth, series/number of identity document, contact details: address, email, phone.

Method of data collection: filling in physical registration forms, completing online forms on the Vivertine website and from requests for information.

To whom we can transfer your data: Public authorities, if they request it, to comply with legal requirements.

How long we process your personal data: Your personal data is processed throughout our contractual relationship and, after its completion, at least for the period imposed by the applicable legal provisions in the field, including, but not limited to, provisions on archiving.

FULL NAME AND SIGNATURE

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